

Telegram Privacy

Reference

- <https://privacyinternational.org/guide-step/3952/telegram-account-settings>
- <https://privacyinternational.org/guide-step/3953/telegram-app-settingspermissions>

Procedures

- Recommended Telegram account settings to reinforce privacy.

Disable Contact Sharing

- iPhone
 - Settings > Privacy and Security > Data Settings
 - Disable “Sync Contacts”
 - Click “Delete Synced Contacts”
- Android
 - Settings > Privacy and Security
 - Disable “Sync Contacts”
 - Click “Delete Synced Contacts”

Increase Privacy

- Settings > Privacy and Security
 - Scroll up to **Privacy** section
 - set **each** item to:
 - “Nobody”
 - If “Nobody” is unavailable, set to “My Contacts”

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